



Better Together Cookbook List

The cookbooks listed below have been selected because they encourage families to cook together and feature a lot of recipes that kids can help with. This list is by no mean comprehensive and is suggested only as a reference.

Bake Better Bites: Recipes and Tips for Healthier Baked Goods by Dietitians of Canada. Download from www.healthyeatingatschool.ca or order one single copy from Dietitian Services at Health Link (8-1-1).

Book Cooks by Cheryl Apgar. Creative Teaching Press Inc., 2002. ISBN 1-57471-792-8
Pre K- 1

Chef Bobo's Good Food Cookbook by Robert Surles. Meredith Books, 2004. ISBN-10: 0696221500 or ISBN-13: 978-0696221507

Chicken Soup for the Soul Kids in the Kitchen: Tasty Recipes and Fun Activities for Budding Chefs by Jack Canfield, Mark Victor Hansen and Antonio Frontera. HCI Chicken Soup, 2007. ISBN-13: 9780757305795
Ages 8 to 12

Cooking Together: Having fun in the kitchen with your kids by Williams-Sonoma. Oxmoor House, 2009. ISBN-13: 978-0-8487-3273-8
Ages 4 to 8

Cooking With Children by Marion Cunningham. Random House of Canada Limited, 1995. ISBN 0-679-422297-8
Age 7 and up

Emeril's There's a Chef in My Family! Recipes to Get Everybody Cooking by Emeril Lagasse. HarperCollins Publishers, 2004. ISBN-13: 9780060004392

Emeril's There's a Chef in My Soup! Recipes for the Kid in Everyone by Emeril Lagasse. HarperCollins Publishers, 2002. ISBN-13: 9780688177065
Ages 5-12

Family Cookbook by Hugh Fearnley-Whittingstall and Fizz Carr. Hodder and Stoughton Ltd., 2005. ISBN 10: 0340826363 or ISBN 13: 9780340826362

Family Meals: Creating traditions in the kitchen by Maria Helm Sinsky and Williams-Sonoma. Williams-Sonoma, 2009. ISBN-10: 0848732634 or ISBN-13: 978-0848732639

Fanny at Chez Panisse by Alice Waters. William Morrow Cookbooks, 1997. ISBN-10: 0060928689 or ISBN-13: 978-0060928681

Honest Pretzels and 64 other recipes for cooks ages 8 & up by Mollie Katzen. Tricycle Press, 1999. ISBN: 1-883672-88-0

Kids Cook 1-2-3: Recipes for young chefs using only 3 ingredients by Rozanne Gold, Illustrated by Sara Pinto. Bloomsbury Publishing, 2006. ISBN 978-1-58234-735-6

Kids' Fun & Healthy Cookbook by Nicola Graimes. DK Publishing, 2007. ISBN: 9780756629168

Kitchen Garden Cooking with Kids by Stephanie Alexander. Penguin Group (Australia), 2006. ISBN-13: 9781920989491





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Knead It, Punch It, Bake It by Judith and Evan Jones. Houghton Mifflin, 1998. ISBN-10: 0395892562 or ISBN-13: 978-0395892565

Many Hands: Community Kitchens Share Their Best by Community Kitchens Publishing, 2005. To order a copy, download an order form: <http://www.communitykitchens.ca/ckfinder/userfiles/files/pdfs/ManyHandsOrderform2.pdf>

Real Cooking for Kids by Rob Seideman. Running Pr Book Pub, 2002. ISBN: 9780762413232

The Spatulatta Cookbook by Isabella and Olivia Gerasole. Scholastic, 2007. ISBN-10: 0439022509 or ISBN-13: 978-0439022507
Ages 9-12

The Kid's Cookbook: A great book for kids who love to cook (Williams-Sonoma Lifestyles) by Abigail Johnson Dodge. Oxmoor House, 2002. ISBN-10: 0848726073 or ISBN-13: 978-0848726072
Ages 4-12

The Usborne Internet-Linked Children's World Cookbook by Angela Wilkes and Fiona Watt. Usborne Publishing Ltd., 2000. ISBN 07945 00968 6

Veggie Kids by Roz Denny. Southwater, 2002. ISBN-10: 1842155962 or ISBN-13: 978-1842155967

